



2016

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3rd Aortic Live Symposium

Aortic Endovascular Education

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Disclosure

Speaker name:

HERTAULT A

I have the following potential conflicts of interest to report:

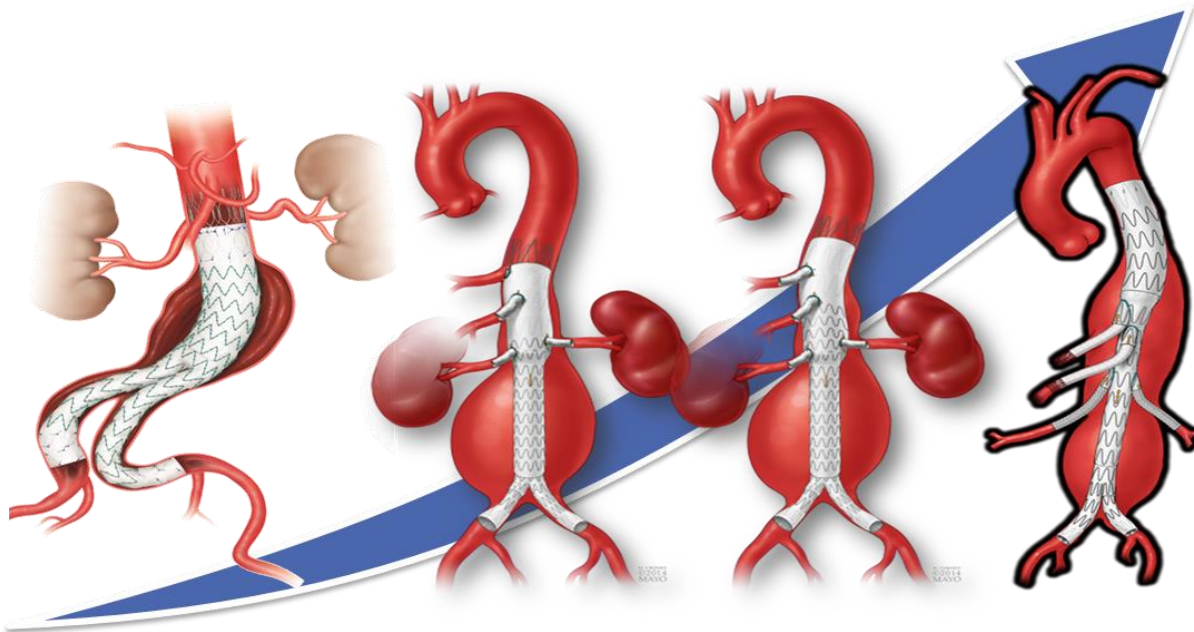
- ☒ Consulting (GE Healthcare)
- ☐ Employment in industry
- ☐ Stockholder of a healthcare company
- ☐ Owner of a healthcare company
- ☐ Other(s)

- ☐ I do not have any potential conflict of interest



Introduction

INCREASED COMPLEXITY



Aortic Endovascular Education

Basic to advanced technical skills

Procedure Planning & Image analysis Skills

Radiation protection knowledge

Endovascular Skills

Step by Step learning

Endovascular Skills

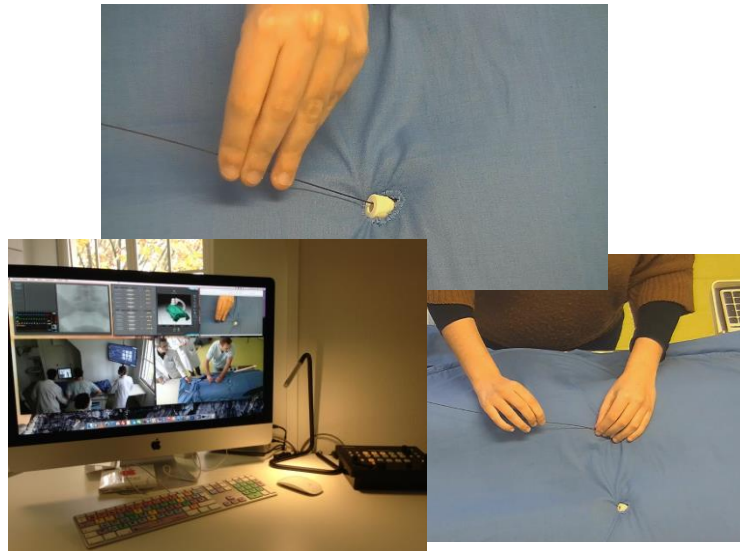
Simulation



Live simulation



Video Capture & Control Room



Debriefing



Endovascular Skills

Purposes of simulation

Acquisition of new skills



Assessment

REVIEW

Evidence for Endovascular Simulation Training: A Systematic Review

K.W.M. See, K.H. Chui, W.H. Chan, K.C. Wong, Y.C. Chan *

Division of Vascular and Endovascular Surgery, Department of Surgery, University of Hong Kong

outcomes in real clinical settings.

Methods: A literature review was performed according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement. All searches were done via PubMed and references of review articles were further screened according to the exclusion criteria.

Results: In total, 909 records were identified and 290 duplicates were removed. Thirty-one were included in the qualitative analysis. Twenty-three were trials within simulation and most of them found statistically significant improvements in procedure time, fluoroscopy time, and contrast volume. Five were patient specific procedure rehearsals and showed that simulation significantly affected the fluoroscopy angle and improved performance metrics. Three were RCTs and revealed mainly positive results on a Global Rating Scale and procedure specific rating scale.

Conclusions: Contemporary evidence shows that performance metrics within endovascular simulations improve with simulation training. Successful translation to *in vivo* situations is observed in patient specific procedure rehearsals and RCTs on real procedures. However, there is no level I evidence to show that predictive validity of simulation can definitively improve patient outcomes. Current literature supports the idea that there is a beneficial role of simulation in endovascular training. Future studies are needed to confirm the efficacy of simulation in endovascular surgical training and to see if simulation is superior to traditional training in the operating theatre.

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Keywords: Endovascular procedures, Rating scale, Simulation, Simulator, Training, Virtual reality

Does video gaming affect endovascular skills?

See, *EJVES*, 2016

Simulation-based endovascular skills assessment: The future of credentialing?

Jimmy J. Pak, MD, E. John Harris Jr, MD, Thomas M. Krummel, MD, and Jason T. Lee, MD, *Stanford, Calif*

Endovascular skills training measurably improves performance in catheter-based angiography setup, target vessel catheterization, and the interventional procedure. Objective measures determined by the simulator were also collected for each subject. A postsimulation questionnaire was administered to determine the subjects' self-assessment of their performance.

Results: Seventeen surgical residents from 15 training programs completed questionnaires before and after the exercise and performed a renal angioplasty/stent procedure on the endovascular simulator. The beginner group ($n = 8$) reported prior experience of a median of eight endovascular cases (interquartile range [IQR], 6.5-17.8; range, 4-20), and intermediate group ($n = 9$) had previously completed a median of 42 cases (IQR, 31-44; range, 25-89, $P = .01$). The two groups had similar prior open vascular experience (79 cases vs 75, $P = .60$). The mean score on the structured global assessment scale for the low experience group was 2.68 of 5.0 possible compared with 3.60 for the intermediate group ($P = .03$). Scores for subcategories of the global assessment score for target vessel catheterization ($P = .02$) and the interventional procedure ($P = .05$) contributed more to the differentiation between the two experience groups. Total procedure time, fluoroscopy time, average contrast used, percentage of lesion covered by the stent, placement accuracy, residual stenosis rates, and number of cine loops utilized were similar between the two groups ($P > .05$). **Conclusion:** Structured endovascular skills assessment correlates well with prior procedural experience within a high-fidelity simulation environment. In addition to improving endovascular training, simulators may prove useful in determining procedural competency and credentialing standards for endovascular surgeons. (*J Vasc Surg* 2008;47:1008-14.)

Tedesco, *JVS*, 2008

Endovascular Skills

Trainees exchange & Leading Centers

[J Cardiovasc Surg \(Torino\)](#). 2011 Feb;52(1):57-62.

Training of vascular surgeons by interventional radiologists.

[Cefali P¹](#), [Rosso R](#), [Van Den Berg JC](#).

⊕ **Author information** [J Cardiovasc Surg \(Torino\)](#). 2011 Feb;52(1):53-6.

The role of leading centers for endovascular surgery in education and training for endovascular treatment of peripheral vascular disease.

[Krajcer Z¹](#), [Ghosheh B](#).

⊕ **Author information**

Abstract

This paper will discuss prerequisites and advantages of developing multidisciplinary

Abstract

The field of peripheral vascular disease (PVD) management is rapidly evolving. Techniques frequently involve hybrid approaches for treating complex lesions. These techniques present new challenges for physicians who care for patients with PVD. To enable physicians to meet these requirements for endovascular treatment, specific training requirements must be based on a review of the development of interventional vascular techniques.

PMID: 21224810

[PubMed - indexed for MEDLINE]



[J Cardiovasc Surg \(Torino\)](#). 2011 Feb;52(1):39-46.

Importance of exchange of vascular trainees among centers.

[Bosiers M¹](#), [Moreels N](#), [Callaert J](#), [Deloose K](#).

⊕ **Author information**

Abstract

Training in surgery has for a long time been based on the classical model of master-apprentice, leading to the creation of "schools" comparable to the famous painter schools of Rubens, Rembrandt and many others during the Middle Ages. Although it may offer some advantages, this model is no longer suitable today. Modern vascular surgery covers several fields, including not only open vascular and endovascular treatment, but also non-invasive diagnosis and medical treatment of vascular diseases in different parts of the human body. However, the goal of training remains the formation of a "holistic vascular surgeon", with knowledge of and experience in all these areas. As most training centers are more focused on and have more expertise in one or some of these areas, an ideal training curriculum would consist of a rotation between different centers with different points of attention and possibly even rotations in other specialties, such as interventional radiology, vascular medicine or ultrasonography. Such an exchange cannot only be beneficial for the trainee but contact with trainees with a different background can also offer an added value to the training center. Thanks to new ways of communication and transportation, exchange of trainees, even in different countries, has become much easier. Nevertheless, a problem often arises concerning the requirements for training as, despite the many efforts already undertaken, it still differs significantly between different countries. The development of a core-curriculum and mutual recognition of training centers is urgently needed and further steps in the harmonization of training programs and requirements need to be stimulated.

Other Specialties

Other Centers

Other Countries

Procedure Planning & Imaging Support

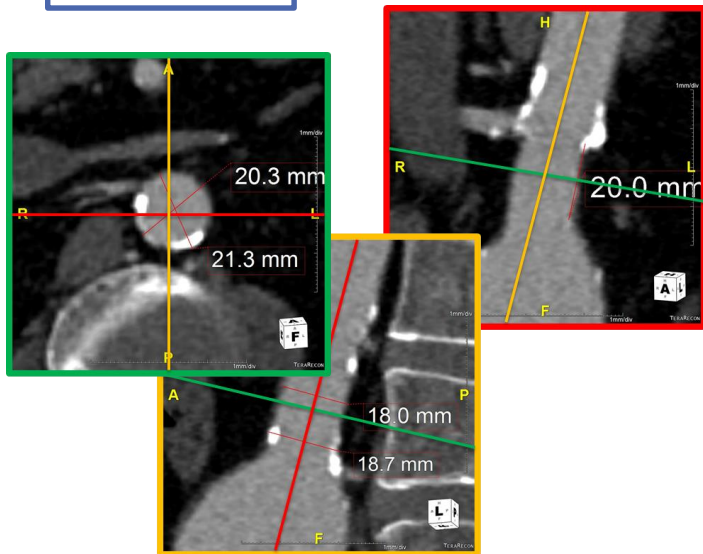
Workstation & Image Analysis

CTA

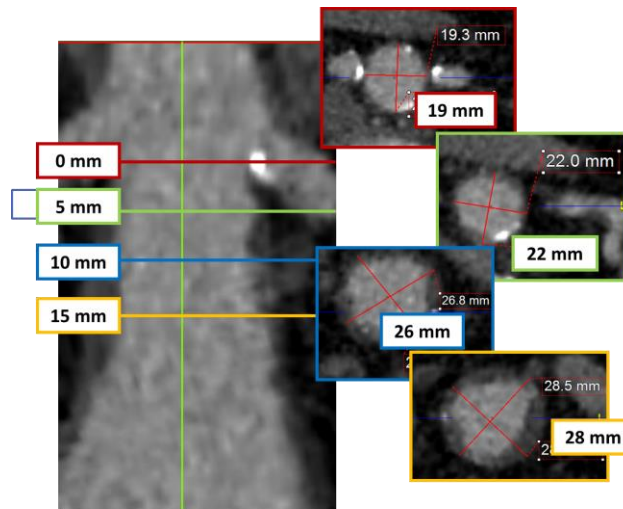
MRA

Use image reconstruction

MPR



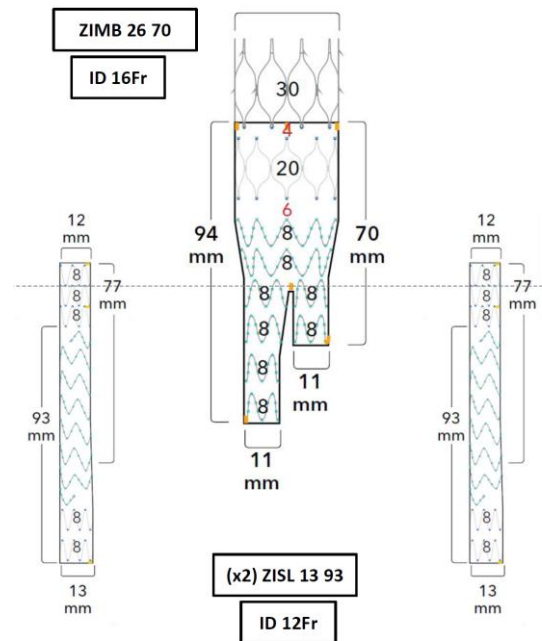
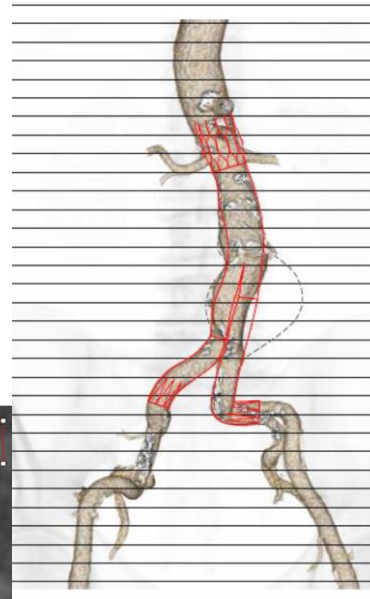
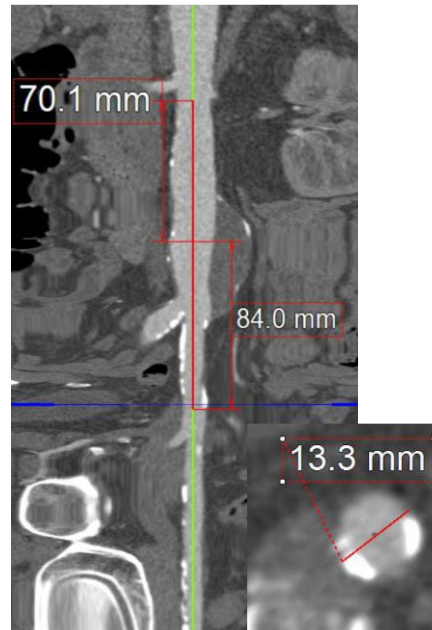
CPR



3D



Workstation & Image Analysis

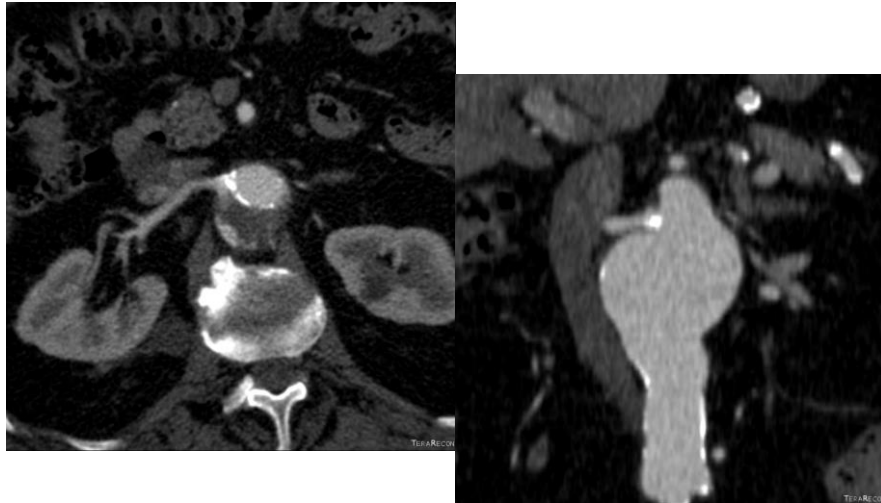


Procedure Planning & Imaging Support

Workstation & Image Analysis

Step by step Planning

Spot difficulties

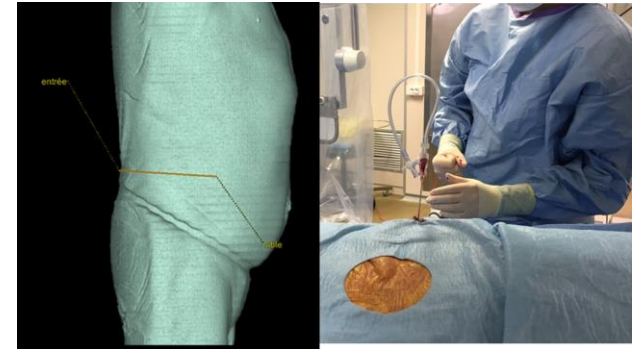


Procedure Planning & Imaging Support

Advanced Imaging Application



Fusion



Needle Trajectory



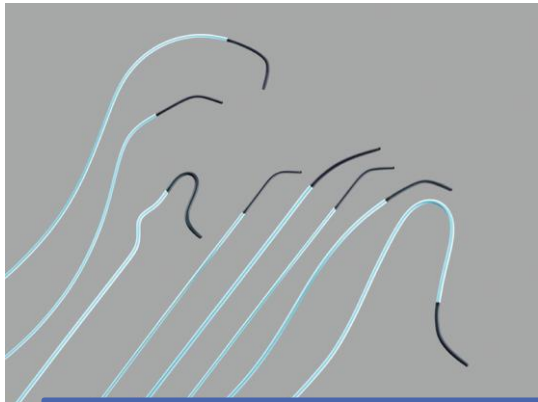
Ultrasound

Procedure Planning & Imaging Support

Device Knowledge

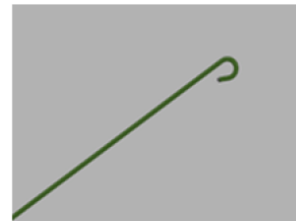
Anticipate device behaviour

Which catheter for...



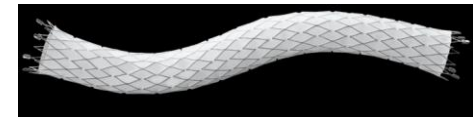
Renal artery or Contralateral limb catheterization?
Guidewire change?
Etc...

Do I need a guidewire with...



Good navigability?
Strong support?
Floppy tip?

Which bridging stent is the best for...



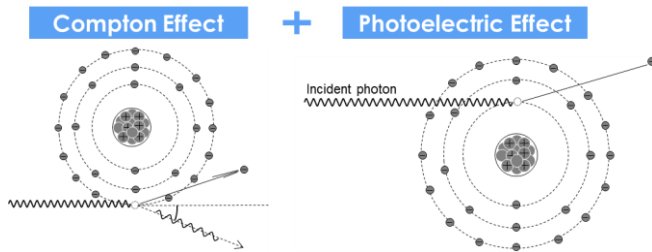
A fenestration?
A branch?

Radiation protection

Gain awareness

X-Rays have no taste, no smell, no colour...

Learn about the risk



Basic
Knowledge on
X-Ray physics

Radiation protection

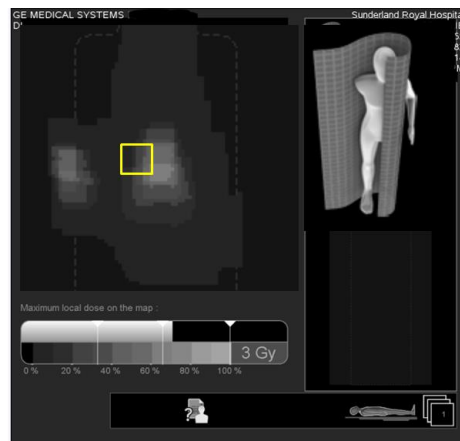
Gain awareness



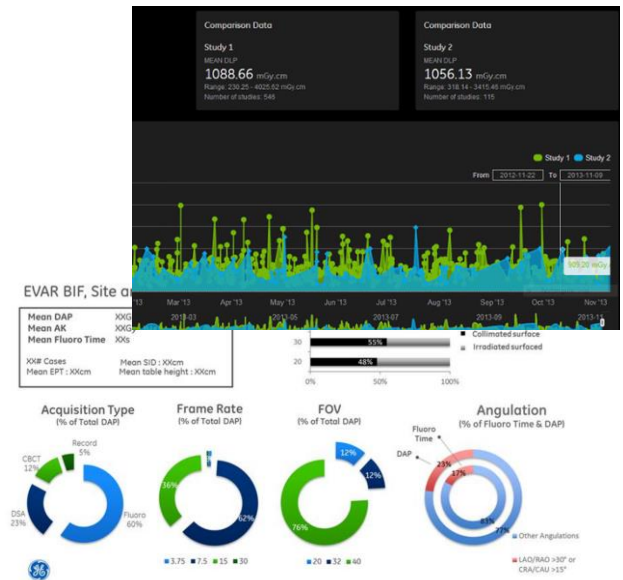
Real-Time Active Dosimeters



Skin Dose Monitoring



DACS



Literature Review

Radiation protection

Follow ALARA principles

Use Low Dose Mode

Normal

100 %

Low

50 %

Tableside controls



Work in Pulsed Mode

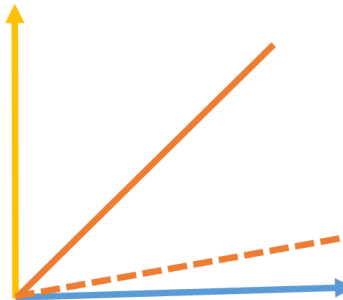
Continuous Mode



Pulsed Mode



Dose



Frame rates

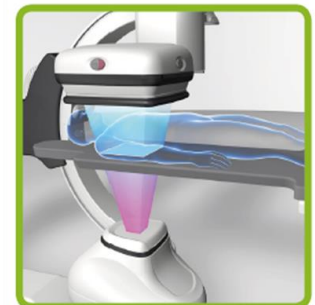
Lowering frame rates by half allows you to reduce the dose rate by up to ~50%

→ Always use lowest acceptable frame rates

Time

Optimize system Geometry

Low Detector / High Table

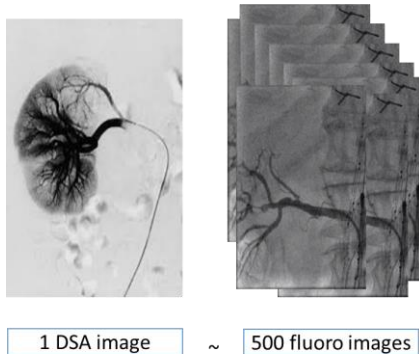


Air Kerma at patient skin

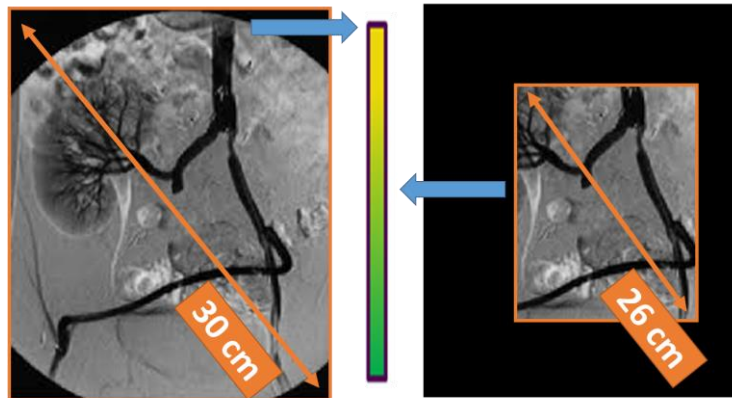
Radiation protection

Follow ALARA principles

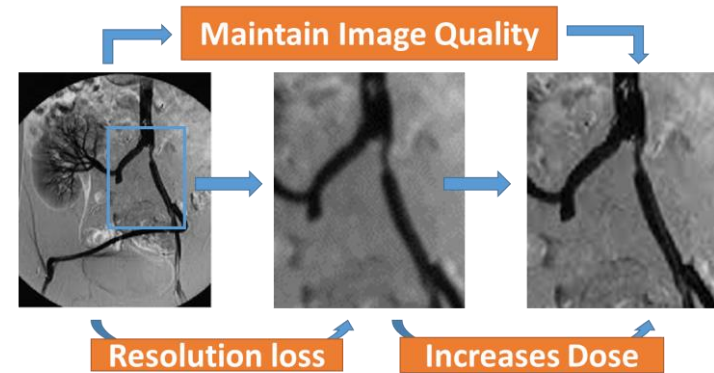
Avoid DSA runs



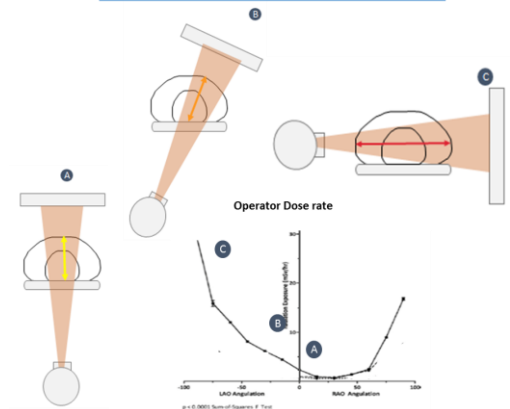
Use Collimation



Avoid Magnification



Avoid extreme angulations



Radiation protection

Use Shielding



Step Back

**Use long
sheaths**

Take Home Message

Endo: more than half our practice

« Imaging Skills » on top of « Endo/Surgical Skills »

Radiation protection should not be forgotten



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